



CAMP LINSTEAD 2021 COVID-19 GUIDELINES, POLICIES, & PROCEDURES

This document is subject to frequent updates as new information and guidelines are provided by the CDC and Maryland Department of Health. Please visit <https://camplinstead.com/covid> for the most recent version.

The COVID-19 pandemic requires additional safety measures on the part of Baltimore Area Council, B.S.A and its families to keep our camps safe. As we plan to work towards having Day Camp programs and activities in various Districts around the Council, there are many precautions in place to protect our campers and staff. But to make the camp as healthy as possible we need your help.

The best way to keep our camps and community safe is to engage in safe behaviors on and off-camp. We will be implementing more stringent oversight and more vigorous implementation of Health Safety policies, particularly concerning managing illness in camps. A tremendous amount of research, time, and thought has gone into our guidelines—including guidance from the CDC and other health authorities. This pandemic is an evolving situation, and we will continue to update our guidelines and share them with the Day Camp community as quickly as possible as more information becomes available.

Disclaimer: COVID-19 is extremely contagious and is believed to spread by person-to-person contact; and, as a result, federal and state health agencies recommend social distancing and various other measures to mitigate the risk of contracting the virus. Day Camps within the Baltimore Area Council, B.S.A will be implementing reasonable preventative protocols, safety policies, and procedures designed to reduce the spread of COVID-19 for the 2021 camp season.

The Baltimore Area Council Day Camp Administration will update and implement these safety protocols and procedures in response to new information. Despite the protocols and procedures in place to mitigate the transmission of COVID-19 within our camps, there are inherent risks associated with participating in summer camp programs and activities within Day Camp programs. Those who participate in summer camp programs and activities with Day Camp programs acknowledge and voluntarily assume these risks.

DAILY SYMPTOM SCREENING

Mandatory daily symptom screening, including taking temperatures of all persons in camp, asking about high-risk activity including activities outside of the local jurisdiction's guidance, and reporting any close exposure to anyone diagnosed with COVID-19, will be conducted by the camp staff and camp medical team upon arrival. If any person coming to camp declines the daily symptom screening or has a minor illness they will not be allowed to enter camp and will be sent home.

Additionally, campers and all persons in camp will be randomly selected for temperature checks throughout the day. We recommend that families begin symptom screening and temperature

checks at least 14 days before the start of in-person camp so that campers become accustomed to the process and ensure the camper's health status before coming to camp.

Camp Linstead will be using infrared digital scanners to assess temperatures.

FACE COVERINGS AND MASKS

All campers and staff are required to wear a disposable surgical face mask or cloth face covering at all times when in camp except when eating or drinking.

Campers should provide their own face coverings and bring 2-3 extra face coverings to camp in the event that a face covering becomes soiled, ripped, or lost. Extra masks should be kept in a separate bag labeled with the camper's name.

- Face coverings should follow the CDC guidelines and fit snugly but comfortably against the face, reach above the nose and below the chin, be secured with ties or ear loops, include multiple layers of fabric, and allow for breathing without restriction.
- Cloth face masks should be routinely washed in a washing machine and machine-dried depending on the frequency of use.
- High-grade face coverings, such as N95 or KN95 masks, are allowed.
- Double layer gaiters, neck gaiters, scarves or bandannas are **NOT PERMITTED** for all persons within camp.
- Masks with one-way valves or exhalation vents that allow air to be exhaled can result in expelled respiratory droplets. Therefore, the CDC does not recommend using masks with valves or vents. These masks are **NOT PERMITTED** for all persons within camp.
- Wearing a face covering with a clear plastic insert to improve communication, particularly with young campers or with hearing-impaired members of our community, is permitted.
- Plastic face shields may be worn in conjunction with, but not in place of, a mask. The CDC does not recommend use of face shields as a substitute for masks.
- Campers are not to touch anyone else's face covering and face coverings should not be shared with friends.

Periodic mask breaks (supervised for campers) and the establishment of outside mask-free zones (where campers may work or relax individually) will be provided. If a camper feels that they need to remove their mask at any time during the day, they will be escorted to one of these outside mask-free zones to provide relief.

If a camper comes to camp without a mask, they will not be able to participate until one is provided. If a camper has difficulty keeping a mask on throughout the camp day, the camper may be dismissed from the program.

If campers are not familiar with wearing a mask, they should practice wearing them at home to better prepare for wearing one during Day Camp.

SOCIAL DISTANCING

The following social distancing measures will be in place at Day Camp.

On Camp Grounds

- No parents or visitors will be allowed in camp other than at arrival and dismissal times, restricted to the designated drop-off and pick-up areas.
- Foot markings/Signage around camp to alert campers to the need to remain six feet apart.
- Den areas will be marked by camp staff to ensure proper distancing between persons and to ensure that dens are contained. Campers should not go outside of the markings while utilizing their den areas.
- Indoor/Outdoor activities will be run in ways that encourage proper distancing.

Camp Cohorts

Cohorts are a useful mechanism to help limit the impact of infected individuals on the rest of the camp.

- Each den will be treated as a separate cohort.
- No co-mingling, joint activities or large clustering of dens.

Food and Beverages

- Lunch will take place outdoors (weather permitting) or in the designated den areas.
- Campers will be socially distanced during lunch and any snack breaks.

Additional Food and Beverage Comments:

- Water bottles are not allowed to be carried through camp, although they can be packed to be used at lunch time only.
- Water stations will be set up through-out camp. Campers will be provided water before and after each station activity in a manner consistent with social distancing.

Outdoor Spaces

- Outdoor activities will utilize more space than in years past to facilitate social distancing.
- Campers are encouraged to bring and make use of a towel, blanket, or mat to delineate their space.

CLEANING, HAND HYGIENE, AND VENTILATION

Cleaning/Disinfecting

Day Camp Staff will clean/disinfect all areas and buildings daily and multiple times during the day for high use areas.

- All areas and buildings will be cleaned/disinfected daily.

- Individual supplies for activities will be provided to campers as needed. Items shared during activities will be cleaned and disinfected between uses.
- Bathrooms will be cleaned and disinfected on an hourly basis.
- If a camper is sent home sick (unconfirmed COVID-19 diagnosis), all areas where the camper has been will be cleaned and disinfected.

Hand Washing/Sanitizing

Practicing hand hygiene, which includes the use of alcohol-based hand sanitizer and handwashing, is a simple yet effective way to prevent the spread of pathogens and infections.

- Campers, volunteers, and staff will perform hand hygiene upon entering and exiting any space.
- Scouts should bring personal size hand sanitizers with them to camp each day.
- Added hand-washing/hand-sanitizer stations will be available and in place within camp

Ventilation

Camp activities are mainly outdoors. If activities take place within a building or structure, the following will apply:

- All windows, doors, access ways, and vents are to remain open when in use.
- All structures with fans within them are to remain on at all times when in use and during camp operating hours
- Buildings with no fans or ventilation are not to be used unless a temporary fan for ventilation is placed in this area and on at all times during camp operating hours.

ILLNESS IN CAMP

Camp medical staff have the final say in all matters of health and safety for members of Day Camp. Outlined below are guidelines meant to assist parents and staff in making decisions regarding camp safety and health. However, these guidelines do not account for all possible situations. Camp medical staff ultimately will use their best judgement to determine the proper course of action.

Symptoms of Illness

Campers, volunteers, and staff not feeling well—including slight cold/flu symptoms—should not come to camp.

At past Day Camps, parents have given their sick child fever-reducing medicine in the morning before going to camp hoping that the medicine will keep the child fever-free for the day. In many of these cases, the medication wears off, and the temperature spikes, and a parent is called to take the child home. We cannot emphasize enough the importance of campers and staff remaining home when they are ill.

Our fever threshold is 100.4° F. If anyone at camp has a temperature of 100.4°F or higher, they must remain home. If they are in camp, they will be sent home.

If any person (camper, volunteer, or staff) presents to camp medical staff with any COVID-19 like illness, that person along with all campers, volunteers and staff in the affected area of camp or cohort will be sent home until COVID-19 PCR test results or a differential diagnosis is presented. Because results of a PCR test can be up to 3 days or greater, it is possible the entire effected group will not be able to return to camp.

COVID-19 like illness includes:

Any 1 of the following:

- Cough
- New loss of taste or smell
- Shortness of breath
- Difficulty breathing

Or 2 or more of the following:

- Fever of 100.4°F or higher
- Sore throat
- Congestion/runny nose
- Fatigue
- Chills
- Headache
- Muscle/body aches
- Nausea/vomiting
- Diarrhea

Families are asked to notify the camp administration staff as soon as possible if a child has a suspected or confirmed diagnosis of COVID-19. Camp Volunteers and staff are asked to do the same. A doctor's note with clearance of the COVID-19 medical condition will be required to return to camp by all campers, volunteers, and staff, clearing for the return to camp as well as clearing for participation in physical activity.

Albuterol nebulizer treatments are considered Aerosol Generating Procedures (AGPs), which pose a very high exposure risk due to the potentially infectious aerosols that are sprayed into the air and throughout the room during treatment. Albuterol nebulizer treatments will be given for emergency situations only by camp medical team or EMS services. If a child is having an asthma flare-up that many require a nebulizer treatment, the child should stay home and not come to camp. Albuterol inhalers, with or without a space chamber, are still acceptable to use at camp when needed. Inhalers are not aerosol generating and do not pose a high exposure risk.

Medical/ First Aid

Day Camp will have a First Aid station to address minor health issues while at camp.

Day Camp will establish a distinct and separate first aid/medical areas for those with fever, respiratory symptoms, or other possible COVID-19 symptoms. When caring for a sick camper with possible COVID-19 symptoms, camp medical team will be wearing personal protective

equipment including, but not limited to, gloves, gowns, masks/N95s, eye protection, face shields, surgical caps, and shoe covers.

Picking Up an Ill Camper

Within 30-45 minutes of notification of illness, the camper must be picked up by a parent, guardian, or designated emergency contact. This policy will be **strictly** enforced. Families should identify and designate an emergency contact before the camp season begins if a 30-45 minute pick-up time is not possible by a parent or guardian.

Doctor's Note

When a person has remained home or is sent home from camp due to any illness, a doctor's note is required to return to camp.

RESPONSE TO COVID-19 ACTIVITY IN CAMP

Any diagnosis of COVID-19 in a camper, volunteer, or staff member should be immediately reported to the camp administration, who will inform the camp director and the local County Health Department.

- In the event of a COVID-19 diagnosis within a den, the den will be dismissed from camp for the remainder of the week and encouraged to quarantine at home for 14 days. Affected areas will close for deep cleaning and may face potential of non-use for remainder of camp.
- In the event of a COVID-19 diagnosis within the camp staff, station managers or station volunteers - camp operations will be suspended and will not resume for the remainder of the camp week.

The camp medical director, who is a trained contact tracer, will interview the diagnosed person (or with younger campers, their family) to perform contact tracing.

The camp medical team will contact anyone found to have had close contact (indoors, within 6 feet, for 15 minutes or more) with the diagnosed person while in camp. Any close contacts will be informed, sent home from camp, and encouraged to contact their physician for advice about testing. The diagnosed person will be directed to inform anyone they have been in close contact with outside of camp. A communication will be sent out to the entire camp community within 24 hours notifying them that a case has been identified in camp and that all affected cohorts and close contacts have been directed to absent themselves from camp and quarantine for 14 days.

Baltimore Area Council, B.S.A. Day Camps reserves the right to recommend quarantine if a person is seen by the medical team who presents with symptoms highly suspicious for COVID-19, even before a confirmed diagnosis is given. These symptoms may include fever in combination with another symptom of COVID-19, or any new loss of taste or smell.

RESPONSE TO IN-HOME AND CLOSE EXPOSURES

In accordance with the CDC and local County Health Department guidelines, Day Camp will require PCR testing for all COVID related cases and return to campus decisions. Since test results usually take 3 days or longer – anyone dismissed from camp for COVID purposes may not be cleared to return before camp ends.

A camper, volunteer, or staff member with either an in-home or close exposure with a person who has COVID-19 like illness should inform the camp administration immediately

- 1) If a positive COVID-19 diagnosis in the household affects a family member other than a Day Camp participant (camper, volunteer, or staff member) or if Day Camp participant has a close exposure risk to a positive COVID-19 diagnosis outside of camp within 10 days of camp, Day Camp will not permit those persons to participate, even if they have no symptoms or they have a negative COVID-19 PCR test done during that time.
 - a) For a household positive COVID-19 diagnosis the date of last exposure may be the end of the positive case's isolation period as determined by the Maryland Department of Health.
 - b) If a camper, volunteer, staff, or anyone in the household has been advised to take a COVID-19 test, and/or are awaiting the results of a COVID-19 test, please stay home until the test results are received.
- 2) If a camper, volunteer, or staff member has close contact with a person who was experiencing COVID-19 like symptoms or is living with a household member who is ill, they should initially stay home and follow these guidelines:
 - a) If the ill member of the household or close contact has 2 consecutive negative COVID-19 PCR tests five days apart and 10 days prior to camp, Day Camps will allow the camper, volunteer, or staff member to come to camp or work as long as they remain asymptomatic.
 - b) If the ill member of the household or close contact goes to their healthcare provider and receives another specific diagnosis such as flu, strep throat, etc. or their healthcare provider determines that symptoms are related to a pre-existing condition, such as allergies, asthma, etc., the camper, volunteer, or staff member can return to camp or work as long as they remain asymptomatic.
 - c) If the ill member of the household or close contact does not receive a COVID-19 PCR test or another specific diagnosis like flu, strep throat, etc. from their healthcare provider, the camper, volunteer, or staff member should not attend camp if symptoms have been reported 14 days or less before camp begins.
- 3) If there is a household family member other than the camper, volunteer, or staff member who has been identified as a close exposure contact to a positive COVID-19 diagnosis within 10 days of camp, Day Camp will require the camper, counselor, or staff member to stay home until the close contact receives a negative COVID-19 PCR test, with testing occurring no sooner than 5 days after the last exposure.
 - a) If the close contact receives a negative COVID-19 PCR test, the camper, volunteer, or staff member may return to campus as long as the close contact remains symptom-free.
 - b) If the close contact receives a positive COVID-19 PCR test, the camper, volunteer, or staff member will not be permitted at camp.

Campers and staff should call their primary care provider now to understand testing procedures fully. The testing procedure may vary based on provider preference and insurance carrier.

RESPONSE TO BENCHMARKS OF COVID-19 ACTIVITY

Benchmarks of COVID-19 activity in the surrounding local areas, including case rates, case rates per population, positivity rates, hospitalizations, and guidance from local health authorities, will be followed to determine whether to modify the level of camp activities. As additional information about transmission and effective COVID-19 treatments are determined, we expect these metrics may be updated. Baltimore Area Council B.S.A. Day Camps will comply with all directives from local health authorities.

The following are current Day Camp benchmarks for closing camps:

Positivity Rates:

Because our camp community members (campers, volunteers, and staff) reside in many different counties, if 15% of our participants live in counties with a positivity rate higher than 7.5%, The Council will close camps. If the positivity rates are between 5-7.5%, Day Camps may not operate. Should local positivity rates be below 5%, Day Camps will continue in-person camp programs.

TRAVEL RECOMMENDATIONS

In the weeks prior to camp, we recommend against visiting areas where the COVID-19 transmission is high. Positivity rates are available on each state's website or on www.covidactnow.com.

If a camper or their family is traveling, we recommend reviewing current state, local, and CDC recommendations and guidelines at <https://www.cdc.gov/coronavirus/2019-ncov/travelers/>.

In accordance with Maryland's travel restrictions and policies, any camper, volunteer, or staff who travel outside of Maryland are encouraged to get tested for COVID-19 upon return.

VACCINE SIDE EFFECTS

As more people receive COVID-19 vaccinations, there may be more people who experience mild flu-like side effects (muscle aches, fatigue, headache, chills, nausea, vomiting, or diarrhea). Since these side effects can resemble COVID-19 symptoms, we ask all campers, counselors, and staff members who receive the vaccination and develop symptoms to remain home until symptoms resolve. If symptoms persist for over 48 hours, you experience symptoms not consistent with vaccine side effects (new loss of taste or smell, cough, sore throat, runny nose, or shortness of breath), or develop a fever greater than 100.4°F, a doctor's note will be required to return to camp.

Campers, volunteers, and staff who have household members with symptoms caused by the COVID-19 vaccination may continue to come to camp. If household symptoms persist for over 48 hours, are not consistent with vaccine side effects (new loss of taste or smell, cough, sore throat, runny nose, or shortness of breath), or develop a fever greater than 100.4°F, we ask that the camper, volunteer, or staff member stay home until the household member receives clearance from a doctor.

DESIGNATED COVID-19 POINT OF CONTACT

All Day Camps point of contact will be the camp's Director. Each camp will supply contact information to include a live phone number to call during camp operations.

The camp's medical director will monitor and track cases within the camp, report cases to the local County Health Department, and triage COVID-19-related questions or concerns within camp.

DEFINITIONS

1. **Close contact** relates to exposure to individuals with COVID-19 and is defined by the Centers for disease Control and Prevention (CD) as being within 6 feet of a person with COVID-19 for at least 15 minutes, (cumulative in a 24-hour time period), regardless of whether face coverings are being worn.
2. **COVID-19 like illness** is when a person has any 1 of the following: cough, shortness of breath, difficulty breathing, new loss of taste or smell; OR at least 2 of the following: fever of 100.4° or higher (measured or subjective), chills or shaking chills, muscle aches, sore throat, headache, nausea or vomiting, diarrhea, fatigue, and congestion or runny nose. Identification of persons with COVID-19 like illness is used to exclude persons from camp, to identify who should be tested for COVID-19, and to identify persons who may need close contacts quarantined.
3. **Isolation** is used to separate people infected with the virus (those who are sick with COVID-19 and those with no symptoms) from people who are not infected. People who are in isolation should stay home until it is safe for them to be around others. In the home, anyone sick or infected should separate themselves from others by staying in a specific “sick room” or area and use a separate bathroom (if available).
4. **Quarantine** is used to keep someone who might have been exposed to COVID-19 away from others. Quarantine helps prevent spread of disease that can occur before a person knows they are sick or if they are infected with the virus without feeling symptoms. People in quarantine should stay home, separate themselves from others, monitor their health, and follow directions from their state or local health department.

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